Hull Catering

Hull Catering Primary Lunch Menu Week One

Week Commencing November 2nd, November 23rd, December 7th, January 18th, February 8th, March 8th

EAT WELL DO WELL

Week 1	MEAT FREE -MONDAY	TAKE AWAY-TUESDAY	WARMING-WEDNESDAY	TRADITIONAL THURSDAY	FISH SHOP-FRIDAY
Option 1	Quorn Goujons (2,7) Potato Wedges (2) Garlic bread (2,4,7) and Seasonal vegetables	Chicken Korma (7,9) Rice Seasonal Vegetables and Naan Bread (2,4,7)	Braised Sausages (14) Creamed mashed potato (7) Served with broccoli and Carrots	Roast Turkey dinner Yorkshire Pudding (2,4,7) Roast Potatoes/Mash potato (7) Seasonal Veg &Gravy	Breaded fish(2,5), fish cake (2,5,13) or fish fingers(5) served with chips and peas/ beans
Option 2	Macaroni Cheese (2,7,9) seasonal vegetables Garlic bread (2,4,7)	Vegetable Curry (7,9) Rice Seasonal Vegetables and Naan Bread (2,4,7)	Quorn sausages (2,13,14) Creamed mashed potato (7) Served with broccoli	Quorn roast dinner (4,7) Yorkshire Pudding (2,4,7) Roast Potatoes/Mash potato (7) Seasonal Veg &Gravy	Fishless fingers (2,4,7) or Mediterranean crustless quiche (4,7,9) served with chips and peas/ beans
Option 3	Jacket potato topped with , cheese (7), beans, tuna (4,5,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,9) served with salad including coleslaw (4,9)
Option 4	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)
Hot Dessert	Toffee apple cake (2,4,7) served with custard (7)	Zesty flapjack (2,7) served with custard (7)	Lemon drizzle cake (2,4,7) served with custard (7)	Chocolate orange Brownie served with custard (7)	Assorted Desserts (2,4,7) served with custard (7)
Cold Dessert	Fruit platter cheese & biscuits (2,7) Fruit and Jelly Pot Angel Whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit and Jelly Pot Angel Whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit and Jelly Pot Angel Whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit and Jelly Pot Angel Whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit and Jelly Pot Angel Whirl (7) Yoghurt (7)

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Daily – Salad and/or Vegetables accompany all our meals along with freshly baked bread.

Hull Catering

Hull Catering Primary Lunch Menu Week Two

Week Commencing - November 9th & 30th, January 4th & 25th, February 22nd March 15th

EAT WELL
DO WELL

Week 2	MEAT FREE -MONDAY	TAKE AWAY-TUESDAY	WARMING WEDNESDAY	TRADITIONAL THURSDAY	FISH SHOP-FRIDAY
Option 1	Loaded Cheese and Tomato Pizza (2,4,7) Oven Baked Wedges (2) Baked Beans or vegetables	Roast Chicken Breast Roast Potatoes Seasonal Vegetables and Gravy	Burger in a bun (2,4,7,13) Potato Wedges (2) Served with Seasonal Vegetables	Roast Chicken Breast Roast Potatoes/Mash potato (7) Yorkshire Pudding (2,4,7) Seasonal Veg &Gravy	Breaded fish(2,5), fish cake(2,5,13) or fish fingers(5) served with chips and peas/ beans
Option 2	Tomato Pasta (2) Garlic bread (2,4,7) and Seasonal vegetables	Quorn Goujons (2,4) Potato Wedges (2) Served with Baked Beans	Vegetable Burger in a Bun Potato Wedges (2) Served with Seasonal Vegetables	Vegetarian Sausage (2,13,14) Roast Potatoes/Mash potato (7) Yorkshire Pudding (2,4,7) Seasonal Veg &Gravy	Fishless fingers (2,4,7) or Cheese and Onion crustless quiche (4,7) served with chips and peas/ beans
Option 3	Jacket potato topped with , cheese (7), beans, tuna (4,5,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,9) served with salad including coleslaw (4,9)
Option 4	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)
Hot Dessert	Chocolate Marble cake served with custard (7)	Pineapple Upside Down Cake served with custard (7)	Banana Bread (2,4,7 served with custard (7)	Ginger Sponge (2,4,7) served with custard (7)	Assorted Desserts(2,4,7) served with custard (7)
Cold Dessert	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)

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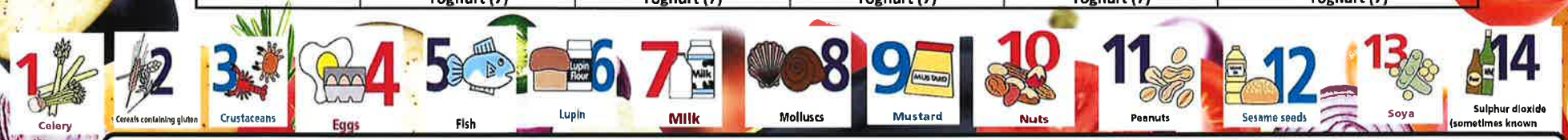

Daily – Salad and/or Vegetables accompany all our meals along with freshly baked bread.

Hull Catering Primary Lunch Menu Week Three

Week Commencing - November 16th, December 7th, January 11th, February 1st March 1st, 22nd

EAT WELL
DO WELL

Week 3	MEAT FREE -MONDAY	TAKE AWAY-TUESDAY	WARMING-WEDNESDAY	TRADITIONAL THURSDAY	FISH SHOP-FRIDAY
Option 1	Mac N Cheese (2,7,9) Garlic bread (2,4,7) and Seasonal vegetables	Chicken breast Burger (2) with Oven baked Wedges (2) Homemade Coleslaw (4,7,9) & Sweetcorn	Beef and Potato Pie ((2,7) mashed potato (7) Seasonal Vegetables	Roast Turkey Roast Potatoes/Mash potato (7) Yorkshire Pudding (2,4,7) Seasonal Veg &Gravy	Breaded fish(2,5), fish cake (2,5,13) or fish fingers(5) served with chips and peas/ beans
Option 2	Omelette (4,7) Garlic bread (2,4,7) and Seasonal vegetables	Quorn Chicken Burger (2) with Oven baked Wedges (2) Homemade Coleslaw (4,7,9) & Sweetcorn	Tomato Pasta (2) Garlic Bread (2,4,7) Seasonal Vegetables	Quorn Roast (4,7) Roast Potatoes/Mash potato Yorkshire Pudding (2,4,7) Seasonal Veg &Gravy	Fishless fingers (2,4,7) or Brocolli & tomato crustless quiche (4,7) served with chips and peas/ beans
Option 3	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)
Option 4	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)	Assorted Sandwiches (2,4,5,7,9,13) served with side salad including coleslaw (4,9)
Hot Dessert	Chocolate Crunch (2,4,7) served with custard (7)	Orange Shortcake (2,4,7 served with custard (7)	Jam and coconut sponge (2,4,7) served with custard (7)	Chocolate Sponge (2,4,7) served with custard (7)	Assorted Desserts (2,4,7) served with custard (7)
Cold Dessert	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)

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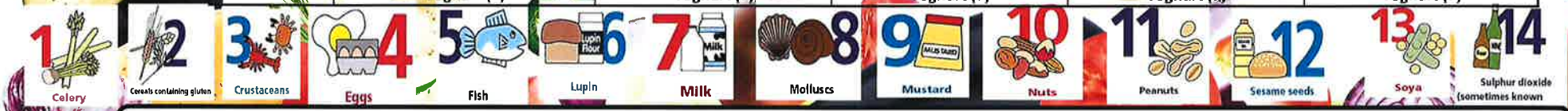

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