## **Benefits Support/DWP**

If you need immediate financial help, you may be entitled to emergency support from the Department for Work and Pensions (DWP) or us.

Short Term Advance.

Budgeting Loan.

Hardship payments

Community Crisis Payment

**Community Support Grant** 

For more information follow link:

https://www.hull.gov.uk/benefitssupport-and-welfare-advice/benefitssupport/immediate-financial-help

### Are You?

- Getting all the Benefits you are entitled too? Connect Well will do a benefits calculation.
- Do you qualify for free school meals? Ask school for an application form or apply online.
- Are you eligible for a poll tax reduction? Connect well can advise.

**School Uniform.** The reuniform project is based at Trinity Methodist Church in Hull. Good quality new-to-you school uniform.

Food support. If you are facing difficulty with not having enough food, it can be hard to reach out and tell someone. However, you are not on your own, there are places that can support you right away. Ask to speak to your Emotional Well-being Worker in confidence.

Your Emotional Wellbeing-Worker

**Mrs Boothby** 

### For further information

https://www.hull.gov.uk/benefits-supportand-welfare-advice/debt-and-money/costliving





# THE COST-OF-LIVING CRISIS

Support information for our community



# The cost-of-living crisis

This winter the cost-of-living crisis is almost certainly going to affect every household, we understand this is a difficult & uncertain time for everyone. If you are struggling, there is help. Please don't bury your head, if you are experiencing difficulties, services are there to help.

#### **The Warm Homes Team**

https://www.hull.gov.uk/housing/priva te-tenants-and-homeowners/warmhomes-team-0

Provide an impartial fuel poverty advice service for householders and can provide a range of -

\*Grants \*Advice \*Support

### Citizens Advice Tel 01482 226 859

provides free, independent, specialist debt advice –

- If you are struggling to manage your bills
- If you have received letters from a bailiff or the court
- If you want to set up affordable repayment plans with creditors
- If you want to check eligibility for bankruptcy or a DRO (Debt Relief Order) to clear your debts and have a fresh start
- If you would like budgeting advice
- Food Bank Vouchers.
- Citizens Advice can also support council & private tenants by applying for a 'Household support fund' on their behalf.
  This is usually in the form of small-scale help with other immediate costs that are affecting your ability to pay your rent and avoid eviction (for example fuel vouchers).

### Yorkshire Water Tel 03451 299 299

We don't want anyone to worry about paying for the water they need. If you're struggling to pay, there's immediate short term and longer-term schemes you can apply for.

https://www.yorkshirewater.com/billaccount/help-paying-your-bill/

#### Connect Well - 01482 217 670

- Food Bank Vouchers
- Help you get active and feel better
- Make you feel more linked in with your community
- Offer support with physical conditions or emotional difficulties
- Provide the advice you need on issues like money or housing

In uncertain times our mental health can suffer escalating the feeling of hopelessness. It is important you care for your well-being & notice when things are getting too much. You can get through this, make a plan to tell someone how you feel so you can get the right support.