

What's for Lunch? Week 1

Week commencing: 31st Oct, 14th Nov, 28th Nov, 12th Dec,
2nd Jan, 16th Jan, 30th Jan, 20th Feb, 6th Mar, 20th Mar



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Sausage (1,2,9,13) served with mashed potato (2,7,14), seasonal vegetables and gravy

Margherita pizza (2,7,9,14) served with curly fries (2) and beans

Chicken Pie (2,4,7) served with mashed potato (2,7,14), seasonal vegetables and gravy

Gammon served with roast potatoes (13,14), Yorkshire pudding (2,4,7), season vegetables and gravy

Fish (2,5,9) served with chips (13), beans or peas, bread (2) and butter (7)

Vegetarian

Quorn sausage (2,4,7) served with mashed potato (2,7,14), seasonal vegetables and gravy

Tomato pasta (2,7,9,14) served with homemade garlic bread (2,4,7,13)

Vegetable pie (2,4,7) served with mashed potato (2,7,14), seasonal vegetables and gravy

Quorn fillet (4) served with roast potatoes (13,14), Yorkshire pudding (2,4,7), seasonal vegetables and gravy

Vegetable nuggets (2) served with chips (13), beans or peas, bread (2) and butter (7)

Jacket Potato

Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

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Sandwich / wraps



Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with a vegan sausage roll (2)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with curly fries (2)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with a vegan sausage roll (2)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with roast potatoes (13,14)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with chips (13)

Pudding

Chocolate sponge (2,4,7,13,14) served with custard (2,4,7,13,14)

Orange shortcake (2,4,7) served with custard (2,4,7,13,14)

Fruity flapjack (2,7) served with custard (2,4,7,13,14)

Iced sponge (2,4,7,13,14)

Cooks assortment of treats (2,4,7,13,14)

Key



1 Celery



2 Cereals containing gluten



3 Crustaceans



4 Eggs



5 Fish



6 Lupin



7 Milk



8 Molluscs



9 Mustard



10 Nuts



11 Peanuts



12 Sesame Seeds



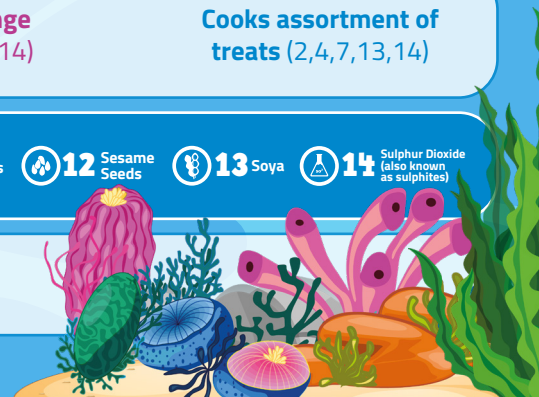
13 Soya



14 Sulphur Dioxide (also known as sulphites)

Also available Daily

Fresh Water, Milk (7) and Juice (14) to drink, freshly prepared Salad and fresh Bread (2,4,7,13)



What's for Lunch? Week 2

Week commencing: 17th Nov, 21st Nov, 5th Dec, 9th Jan,
23rd Jan, 6th Feb, 27th Feb, 13th Mar, 27th Mar



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Savory mince (2,13) served with mashed potato (2,7,14), Yorkshire pudding (2,4,7), seasonal vegetables and gravy

Sausage (1,2,9,13) served with omelette (4,7), potato croquette (2,7,14) and spaghetti hoops (1,2)

Cheesy pasta bake (2,7) served with homemade garlic bread (2,4,7,13) and seasonal vegetables

Chicken served with Yorkshire pudding (2,4,7) roast potatoes (13,14), seasonal vegetables and gravy

Fish (2,5,9) served with chips (13), beans or peas, bread (2) and butter (7)

Vegetarian

Vegan mince (2,13) served with mashed potato (2,7,14), Yorkshire pudding (2,4,7), seasonal vegetables and gravy

Quorn sausage (2,4,7) served with omelette (4,7), potato croquettes (2,7,14) and spaghetti hoops (1,2)

Tomato pasta bake (2,7,9,14) served with homemade garlic bread (2,4,7,13) and seasonal vegetables

Quorn fillet (4) served with Yorkshire pudding (2,4,7) roast potatoes (13,14), seasonal vegetables and gravy

Homemade pattie (2,7,9,13,14) served with chips (13), beans or peas, bread (2) and butter (7)

Jacket Potato

Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

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Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

Sandwich / wraps



Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with a vegan sausage roll (2)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with potato croquettes (2,7,14)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with a vegan sausage roll (2)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with roast potatoes (13,14)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with chips (13)

Pudding

Chocolate oat delight (2,7) served with custard (2,4,7,13,14)

Apple crumble (2,4,7,13) served with custard (2,4,7,13,14)

Lemon sponge (2,4,7,13) served with custard (2,4,7,13,14)

Marble sponge (2,4,7,13,14) served with custard (2,4,7,13,14)

Cooks assortment of treats (2,4,7,13,14)

Key



1 Celery



2 Cereals containing gluten



3 Crustaceans



4 Eggs



5 Fish



6 Lupin



7 Milk



8 Molluscs



9 Mustard



10 Nuts



11 Peanuts



12 Sesame Seeds



13 Soya



14 Sulphur Dioxide (also known as sulphites)

Also available Daily

Fresh Water, Milk (7) and Juice (14) to drink, freshly prepared Salad and fresh Bread (2,4,7,13)

