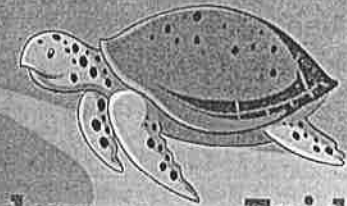


hcat hull collaborative academy trust

What's for Lunch? Week 1

Week commencing: 31st Oct, 14th Nov, 28th Nov, 12th Dec, 2nd Jan, 16th Jan, 30th Jan, 20th Feb, 6th Mar, 20th Mar



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Sausage (1,2,9,13) served with mashed potato (2,7,14), seasonal vegetables and gravy

Ham & Cheese Pizza (2,7,9,14) served with curly fries (2) and beans

Chicken Curry (2,9,13) Served with rice

Gammon served with roast potatoes (13,14), Yorkshire pudding (2,4,7), season vegetables and gravy

Fish (2,5,9) served with chips (13), beans or peas, bread (2) and spread (7)

Vegetarian

Quorn sausage (2,4,7) served with mashed potato (2,7,14), seasonal vegetables and gravy

Margherita pizza (2,7,9,14) served with curly fries (2) and beans

Tomato Pasta (2,7,9,14) served with Homemade garlic Bread (2,4,7,13)

Quorn fillet (4) served with roast potatoes (13,14), Yorkshire pudding (2,4,7), seasonal vegetables and gravy

Vegetable nuggets (2) served with chips (13), beans or peas, bread (2) and spread (7)

Jacket Potato

Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

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Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

Sandwich /wraps

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with a vegan sausage roll (2)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with curly fries (2)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with a vegan sausage roll (2)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9), served with roast potatoes (13,14)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with chips (13)

Pudding

Chocolate sponge (2,4,7,13,14) served with custard (2,4,7,13,14)

Orange shortcake (2,4,7) served with custard (2,4,7,13,14)

Fruity flapjack (2,7) served with custard (2,4,7,13,14)

Iced sponge (2,4,7,13,14)

Cooks assortment of treats (2,4,7,13,14)

Key

1 Celery

2 Cereals containing gluten

3 Crustaceans

4 Eggs

5 Fish

6 Lupin

7 Milk

8 Molluscs

9 Mustard

10 Nuts

11 Peanuts

12 Sesame Seeds

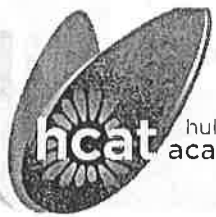
13 Soya

14 Sulphur Dioxide (also known as sulphites)

Also available Daily

Fresh Water, Milk (7) and Juice (14) to drink, freshly prepared Salad and fresh Bread (2,4,7,13)

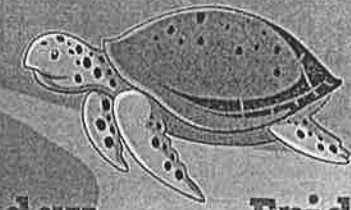




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What's for Lunch? Week 2

Week commencing: 7th Nov, 21st Nov, 5th Dec, 9th Jan, 23rd Jan, 6th Feb, 27th Feb, 13th Mar, 27th Mar



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Meatballs (2) served with mashed potato (2,7,14)
Seasonal vegetables and gravy

Sausage (1,2,9,13) served with omelette (4,7) hash brown (2,7,14) and beans (1,2)

Cheesy pasta bake (2,7) served with homemade garlic bread (2,4,7,13) and seasonal vegetables

Chicken served with Yorkshire pudding (2,4,7) roast potatoes (13,14), seasonal vegetables and gravy

Fish (2,5,9) served with chips (13), beans or peas, bread (2) and spread (7)

Vegetarian

Veggie Nuggets served With Yorkshire pudding (2,4,7) roast potatoes (13,14), seasonal vegetables and gravy

Quorn sausage (2,4,7) served with omelette (4,7), potato croquettes (2,7,14) and spaghetti hoops (1,2)

Tomato pasta bake (2,7,9,14) served with homemade garlic bread (2,4,7,13) and seasonal vegetables

Quorn fillet (4) served with Yorkshire pudding (2,4,7) roast potatoes (13,14), seasonal vegetables and gravy

Cheese & Tomato Quiche (2,4,7) served with chips (13)

Jacket Potato

Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

Jacket potato served with a choice of beans, tuna (4,5,7,9) or cheese (7) and salad

Sandwich / wraps

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with a vegan sausage roll (2)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with potato croquettes (2,7,14)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with a vegan sausage roll (2)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with roast potatoes (13,14)

Sandwich (2,7,13) with a choice of: ham, cheese (7) or tuna mayo (4,5,7,9) served with chips (13)

Pudding

Chocolate oat delight (2,7) served with custard (2,4,7,13,14)

Apple crumble (2,4,7,13) served with custard (2,4,7,13,14)

Lemon sponge (2,4,7,13) served with custard (2,4,7,13,14)

Marble sponge (2,4,7,13,14) served with custard (2,4,7,13,14)

Cooks assortment of treats (2,4,7,13,14)

Key 1 Celery 2 Cereals containing gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Nuts 11 Peanuts 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide (also known as sulphites)

Also available Daily

Fresh Water, Milk (7) and Juice (14) to drink, freshly prepared Salad and fresh Bread (2,4,7,13)

