## Week 1

Week Commencing: 17/04/23, 01/05/23, 15/05/23, 05/06/23, 19/06/23, 03/07/23, ,17/07/23

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| OPTION 1 | Homemade Pizza (2,4,7,13) served with potato wedges (2) and seasonal vegetables | All day breakfast: Sausages (1,2,9,13,14), bacon, hash brown $(2,7,14)$ tomato, beans and $1 / 2$ slice a toast $(2,7)$ | Various pasta bakes $(2,7)$ served with a crusty bread roll and a side salad | Chicken dinner, served with Yorkshire pudding (2,4,7), roast potatoes $(13,14)$, carrots, broccoli and gravy | Fish Friday $(2,5,7,9)$ served with chips (13), peas, beans and bread (2) and butter (7) |
| OPTION 2 (vegetarian) | Homemade Pizza (2,4,7,13) served with potato wedges (2) and seasonal vegetables | All day breakfast: Vegetarian sausages (2,4,7), hash brown (2,7,14), tomato, beans and $1 / 2$ slice a toast $(2,7)$ | Beans on toast (2,7) | Quorn fillet, served with Yorkshire pudding $(2,4,7)$, roast potatoes $(13,14)$, carrots, broccoli and gravy | Mediterranean quiche $(2,4,7)$ served with chips (13) and salad |
| OPTION 3 | Sandwich (2,12): ham, cheese (7) or tuna $(4,5,7,9)$ served with potato wedges (2) and salad. <br> Jacket Potato served with a choice of beans, cheese (7) or tuna mayo $(4,5,7,9)$ | Sandwich (2,12): ham, cheese (7) or tuna $(4,5,7,9)$ served with crisps and salad. <br> Jacket Potato served with a choice of beans, cheese (7) or tuna mayo $(4,5,7,9)$ | Sandwich $(2,12)$ : ham, cheese (7) or tuna $(4,5,7,9)$ served with potato waffles and salad. <br> Jacket Potato served with a choice of beans, cheese (7) or tuna mayo $(4,5,7,9)$ | Sandwich (2,12): ham, cheese (7) or tuna ( $4,5,7,9$ ) served with roast potatoes $(13,14)$ and salad. <br> Jacket Potato served with a choice of beans, cheese (7) or tuna mayo ( $4,5,7,9$ ) | Sandwich (2,12): ham, cheese (7) or tuna (13) served with chips (13) and salad. <br> Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) |
| DESSERT | Red velvet cake | Chocolate sponge served with custard (2,4,7,13,14) | Banana muffins | Ice cream (7) | Lemon biscuits or gingerbread people |

*Fresh bread (2,4,7,13), water, milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily Allergens
**Key - Bread (2), wraps (2), bread roll $(2,12)$


Crustaceans
Mustard


Nuests

Eggs


Fish


Lupin


Mille


Molluscs


Sesame seeds

soya
14
sulphur dioxide ometimes known

## Week 2

Week Commencing: 24/04/23, 08/05/23, 22/05/23, 12/06/23, 26/06/23, 10/07/23

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| OPTION 1 | Chicken curry served with rice, peas, sweetcorn and mini naan bread | Beef burger $(2,13)$ in a bun $(2,12)$ served with criss cross potatoes, peas and sweetcorn | Hot chicken nugget wrap (v), served with herby diced potatoes and spaghetti hoops | Sausage <br> (1,2,9,13,14) served with mashed potato (2,7,14), Yorkshire pudding ( $2,4,7$ ), carrots, green beans and gravy | Fish Friday $(2,4,7,9)$ served with chips (13), peas, beans and bread (2) and butter (7) |
| OPTION 2 (vegetarian) | Cheesy pasta (2,7) served with a side salad and naan bread | Vegetable burger $(2,7,9)$ in a bun $(2,12)$ served with criss cross potatoes, peas and sweetcorn | Hot vegetable nugget wrap, served with herby diced potatoes and spaghetti hoops | Vegetarian sausage $(2,4,7)$ served with mashed potato (2,7,14), Yorkshire pudding $(2,4,7)$, carrots, green beans and gravy | Fishless fingers served with chips (13), peas, beans and bread (2) and butter (7) |
| OPTION 3 | Sandwich (2,12): ham, cheese (7) or tuna $(4,5,7,9)$ served with crisps (2) and salad. <br> Jacket Potato served with a choice of beans, cheese (7) or tuna mayo $(4,5,7,9)$ | Sandwich (2,12): ham, cheese (7) or tuna $(4,5,7,9)$ served with pasta and salad. <br> Jacket Potato served with a choice of beans, cheese (7) or tuna mayo $(4,5,7,9)$ | Sandwich (2,12): ham, cheese (7) or tuna $(4,5,7,9)$ served with herby diced potatoes and salad. <br> Jacket Potato served with a choice of beans, cheese (7) or tuna mayo $(4,5,7,9)$ | Sandwich $(2,12)$ : ham, cheese (7) or tuna ( $4,5,7,9$ ) served with roast potatoes $(13,14)$ and salad. <br> Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) | Sandwich $(2,12)$ : ham, cheese (7) or tuna (13) served with chips (13) and salad. <br> Jacket Potato served with a choice of beans, cheese (7) or tuna mayo $(4,5,7,9)$ |
| DESSERT | Chocolate crunch served with custard (2,4,7,13,14) | Sprinkle cake (2,4,7,13) | Chocolate drizzle flapjack | Strawberry shortcake delight | Crispy crackle buns or Toffee shortcake biscuits |

*Fresh bread (2,4,7,13), water, milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily


