

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Chicken korma curry (7) served rice and naan bread (2,4,7,13)	Homemade pizza (2,4,7,13) served with herby diced potatoes (12,14) and seasonal vegetables	Lasagne (2,7) served with a side salad and garlic bread (2,4,7,13)	Carvery, served with Yorkshire pudding (2,4,7), roast potatoes (13,14), seasonal vegetables and gravy	Fish Friday (2,5,9) served with chips (13), beans and bread (2) and butter
OPTION 2 (vegetarian)	Tomato pasta (2) served with a crusty roll (2)	Homemade pizza (2,4,7,13) served with herby diced potatoes (12,14) and seasonal vegetables	Cheesy pasta (2,7) served with a side salad and garlic bread (2,4,7,13)	Quorn fillet (2), served with Yorkshire pudding (2,4,7), roast potatoes (13,14), seasonal vegetables and gravy	Fishless fingers (2) served with chips (13), beans and bread (2) and butter
OPTION 3	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with crisps, vegetable sticks & a side dip.	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with herby diced potatoes (12,14), vegetable sticks & a side dip.	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with crisps, vegetable sticks & a side dip.	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with roast potatoes (13,14), vegetable sticks & a side dip.	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with chips (13), vegetable sticks & a side dip.
OPTION 4	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad
DESSERT	Fruity flapjack (2) served with custard (2,4,7,13)	Orange shortcake (2,4)	Jam cornflake Tartlet (2) served with custard (2,4,7,13)	Carrot cake (2,4,7,13)	Gingerbread people (2,4,7,13,14) Lemon biscuits (2,4,7,13,14) Jam or lemon tarts (2,4,7,13,14)

*Fresh bread (2,4,7,13), water, juice (14), milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily

** Allergen free options on the above menu are also available

Allergens



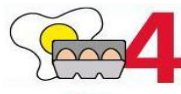
Celery



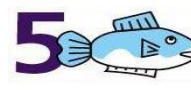
Cereals containing gluten



Crustaceans



Eggs



Fish



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame seeds



Soya



Sulphur dioxide (sometimes known as sulphites)